

INFORMED CONSENT: Intravenous High-Dose Vitamin C Age Management and Hormone Balance Center

I, _____ (DOB: ___/___/___) consent to treatment with high-dose Vitamin C by Age Management of West Michigan. In as much as I have indicated a desire to undergo high-dose intravenous treatment with ascorbic acid (Vitamin C), the method of administration, the mechanisms of action, the purposes for its administration in my particular case; its potential for benefit, and its potential for harmful side effects have been fully explained to me by the medical staff at Age Management of West Michigan by direct discussions and/or written documentation. It is now my purpose to stipulate my full and complete understanding with reference to therapy, and to remove any legal liability on the part of the physician and AMWM staff in the event this treatment is unsuccessful.

I have been advised that high-dose Vitamin C used intravenously is not a standard, FDA-approved treatment for cancer or other serious illnesses. I have been made aware that high-dose Vitamin C is being used increasingly by a group of physicians for the treatment of cancer under the following circumstances: As adjunctive therapy alongside proven, conventional treatments; in cases with no known, effective treatments; in cases of treatment failure using proven methods. I am also aware that published research is available showing that high-dose intravenous Vitamin C therapy has been effective in a relatively small, select number of cancer cases, including advanced cancers, although it is considered experimental and not “usual” or “customary” in these particular circumstances.

I have been informed that Medicare and most insurance companies will not pay for this “non-covered service” as they continue to view it as experimental. Because of this, I understand that I am responsible for payment for this treatment at the time services are rendered. I also agree that I have been informed of the approximate costs of this form of treatment.

Whether or not high-dose IV vitamin C is “safe”, “effective”, “customary”, or “reasonable” for a specific condition depends upon the inherent possibility of injury from the procedure when properly administered, upon the prognosis for the medical condition if left untreated, and upon making the appropriate changes in lifestyle, diet, and supplementation as directed by the medical staff of Age Management and Hormone Balance Center. It is believed that in my specific case, high-dose IV vitamin C is proper under these criteria and that its use could possibly improve the condition for which I am under treatment, as well as my overall health. However, I do understand that no one can or does guarantee the results in any manner.

I agree that I have been given the opportunity to ask questions, and that I am either already aware of have been advised of the more traditional forms of treatment for my particular condition,. I am so aware that I may seek a second opinion from other physicians or alternative practitioners and have either already done so or decline to do so, and that I have arrived at my decision to utilize high-dose IV vitamin C of my own free will.

The possible side effects of high-dose vitamin C include lowering of blood sugar that may become symptomatic in people with blood sugar problems such as diabetics. Mild, but self-limited headaches after infusions have also been reported on occasion. Individuals with a relatively rare condition called Glucose-6-Phosphate Dehydrogenase Deficiency could have a more severe reaction involving hemolysis or rupture of their red blood cells requiring transfusion or hospitalization. To prevent this reaction, our protocol mandates that every patient receiving a series of high-dose IV vitamin C infusions undergo

screening for this genetic anomaly. Individuals with other risks for kidney stones may be at further increased risk for this with high dose vitamin C. Conditions predisposing a patient to kidney stones are screened for prior to initiating treatment and every attempt is made to minimize risk in this situation. Other more mild side effects of complication that can occur with this type of treatment include, but are not limited to, local infection, inflammation or bruising at the site of insertion of the catheter or needle. Finally, because this is an experimental procedure, other as yet unforeseen medically related problems could arise, although widespread uses of high dose IV vitamin C around the country by Integrative physicians has generally shown this to be a very safe therapy.

Age Management of West Michigan cannot offer this procedure to you except upon the condition that you release Age Management of West Michigan and its physicians and staff from any legal responsibility for harm resulting from the use of high-dose IV vitamin c and your signature on this informed consent will constitute a full and final release of our medical-legal responsibility resulting from the administration of high-dose intravenous vitamin C.

Patient Signature: _____ Date: _____

Physician Signature: _____ Date: _____